

VCCL Results - parkrun 2019

Race 16

Saturday, 17 August, 2019

5km

parkrun

Place	Name	#	Time	Spot	H'cap	C/Adj	N/Time	Margin	km	Rate
1	Adina Morrow	273	21:53	45	6:45	0:27	14:41	0:00	4:23	
2	Irene James	60	24:00	59	8:55	0:15	14:50	0:09	4:48	
3	Shane Thiele	291	16:28	8	1:15	0:18	14:55	0:14	3:18	
4	Julian Harris 01	132	18:32	22	3:20	0:15	14:57	0:16	3:42	
5	Leon Brooks	230	19:37	30	4:30	0:00	15:07	0:26	3:55	
6	Fraser Murray	191	20:17	34	5:10	0:00	15:07	0:26	4:03	
7	Russell Johnson	30	21:59	42	6:20	0:30	15:09	0:28	4:24	
8	Les Williams	93	19:34	27	4:05	0:18	15:11	0:30	3:55	
9	Heather Sullivan	41	22:50	48	7:15	0:15	15:20	0:39	4:34	
10	Marcus Boxall	49	18:06	18	2:45	0:00	15:21	0:40	3:37	
11	Gary Blake	320	23:13	49	7:25	0:21	15:27	0:46	4:39	
12	Glenn Sullivan	280	18:29	20	3:00	0:00	15:29	0:48	3:42	
13	Matthew Sullivan	145	18:33	16	2:25	0:36	15:32	0:51	3:43	
14	Martine Beer	83	20:27	32	4:50	0:00	15:37	0:56	4:05	
15	Mark Andrews	144	18:05	16	2:25	0:00	15:40	0:59	3:37	
16	Wayne James	119	21:52	33	5:00	0:15	16:37	1:56	4:22	
17	Phillip O'Brien	168	18:47	8	1:15	0:21	17:11	2:30	3:45	
18	Claire Thiele	86	26:40	51	7:40	0:18	18:42	4:01	5:20	
19	Sean Quilty	26	32:15	17	2:35	0:00	29:40	14:59	6:27	
20	Mark O'Brien	33	40:35	49	7:25	0:21	32:49	18:08	8:07	